

# Elmsford UFSD GRADY Lunch Menu October 2023



<p><b>2</b></p> <p>Fish Sticks Dinner Roll Tartar Sauce Steamed Carrots Orange Smiles</p>	<p><b>3</b></p> <p>Chicken Tenders Oven Baked French Fries Steamed Cauliflower &amp; Carrots Apple Slices</p>	<p><b>4</b></p> <p>Grilled Cheese Roasted Broccoli Peach Cup</p>	<p><b>5</b></p> <p>Meatball Parmesan Steamed Carrots Strawberry Cup</p>	<p><b>6</b></p> <p>Cheese Pizza Baby Carrots Milk Fresh Apple</p>
<p><b>9</b></p> <p><b>Columbus Day</b></p> <p><b>No School</b></p>	<p><b>10</b></p> <p>Cheesy Sticks Marinara Sauce Steamed Carrots Orange Smiles</p>	<p><b>11</b></p> <p>Mini Waffles Chicken Sausage Hash Brown Patty Fresh Pear</p>	<p><b>12</b></p> <p>Beef Nachos Brown Rice Black Bean &amp; Corn Salad Strawberry Cup</p>	<p><b>13</b></p> <p>Cheese Pizza Baby Carrots Orange Smiles</p>
<p><b>16</b></p> <p>Cheesy Sticks Marinara Sauce Steamed Carrots Apple Slices</p>	<p><b>17</b></p> <p>Macaroni &amp; Cheese Steamed Broccoli Orange Smiles</p>	<p><b>18</b></p> <p>Baked Ziti Dinner Roll Roasted Carrots Fresh Apple</p>	<p><b>19</b></p> <p>Penne with Butter or Meat Sauce Steamed Broccoli Fresh Pear</p>	<p><b>20</b></p> <p>Cheese Pizza Garden Salad Fresh Apple</p>
<p><b>23</b></p> <p>Baked Chicken Nuggets Tater tots Fresh Orange</p>	<p><b>24</b></p> <p>Popcorn Chicken Vegetable Pasta Salad Cherry Tomato Cup Granny Smith Apple</p>	<p><b>25</b></p> <p>Hamburger or Cheeseburger Buttered Corn Apple Slices</p>	<p><b>26</b></p> <p>Baked Ziti  Dinner Roll  Fresh Grapes</p>	<p><b>27</b></p> <p>Cheese Pizza Baby Carrots Orange Smiles</p>
<p><b>30</b></p> <p>Baked Chicken Oven Baked Fries Apple Slices</p>	<p><b>31</b></p> <p>Waffles Sausage Patties  Potato Rounds  Fresh Pears</p>			

## Meal Price:

Student Lunch Meal: \$ **3.10**

Adult Lunch Meal: \$ **6.00**

All Meals served with choice of 1%, Fat Free Milk, Fat Free Chocolate Milk( Antiboitic & Hormone Free) Fresh Fruit, Vegetables & 100% Fruit Juice.

## Weekly Sandwich Offerings:

Monday: Sun Butter & Jelly Sandwich

Tuesday: Turkey & Cheese Sandwich

Wednesday: Cheese Sandwich

Thursday: Ham & Cheese Sandwich

Friday: Salami Sandwich

## Weekly Salad Offerings:

Monday: Garden Salad

Tuesday: Chicken Caesar Salad

Wednesday: Chef Salad

Thursday: Caesar Salad

Friday: Buffalo Chicken Salad

**Menu is  
Subject to  
Change**