



YMCA

NOVEMBER 2022

	<p>1</p> <p>French Toast Sticks w/Chicken Sausage Tater Tots Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>2</p> <p>Popcorn Chicken w/ Bread Stick Steamed Broccoli Mixed Fruit Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>3</p> <p>Grilled Cheese Melt Tater - Tots Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>4</p> <p>Cheese Pizza</p> <p>Green Beans Peach Cup</p> <p>SunButter & Jelly Sandwich</p>
<p>7</p> <p>French Toast Sticks w/Chicken Sausage Tater Tots Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>8</p> <p>Turkey Nacho w/Brown Rice Buttered Corn Mixed Fruit Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>9</p> <p>Popcorn Chicken w/ Bread Stick Steamed Broccoli Mixed Fruit Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>10</p> <p>French Toast Sticks w/Chicken Sausage Tater Tots Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>11</p> <p>Veteran's Day</p>
<p>14</p> <p>Cheeseburger Steamed Broccoli Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>15</p> <p>Meatballs w/ Pasta Steamed Carrots Peach Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>16</p> <p>Cheese Stuffed Bread Sticks w/ Marinara Sauce Green Beans Fresh Apples</p> <p>SunButter & Jelly Sandwich</p>	<p>17</p> <p>Turkey Nacho Buttered Corn Mixed Fruit Cup Cheese Sandwich</p> <p>SunButter & Jelly Sandwich</p>	<p>18</p> <p>Parent Teacher Conference</p>
<p>21</p> <p>Orange & Ginger Popcorn Chicken Green beans Orange Slice</p> <p>SunButter & Jelly Sandwich</p>	<p>22</p> <p>Mac & Cheese Green Beans Fresh Peaches</p> <p>SunButter & Jelly Sandwich</p>	<p>23</p> <p>Staff Development Day</p>	<p>24</p> <p>Thanksgiving Recess</p>	<p>25</p> <p>Thanksgiving Recess</p>
<p>28</p> <p>Chicken Tenders w/Dinner Roll Mixed Vegetables Fresh Apple</p> <p>SunButter & Jelly Sandwich</p>	<p>29</p> <p>Grilled Cheese Melt Tater - Tots Pear Cup</p> <p>SunButter & Jelly Sandwich</p>	<p>30</p> <p>Turkey Nacho Buttered Corn Mixed Fruit Cup Cheese Sandwich</p> <p>SunButter & Jelly Sandwich</p>		

Adult Lunch \$5.31
 Any Food Allergies or concerns please contact
 Food Service Manager
 Maricela Almonte @
 914-345-9204

All Lunches Include:
 Vegetable, Fruit and 100% Fruit Juice and a choice of Milk:
 Fat Free Milk, 1% Milk or Fat Free Chocolate Milk